

October

Addie Activity Calendar

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				10 Singalong Uke **1** in Memory Care 11 Calendar décor 2 1-1 Exercise 3 Food Forest 4 Birthday Club 7 Church Zoom	Rafael's B'day **2** 9 Morning Social 10 Room Visits 11 Dancercise 2 Resident Council 3 Newsletter aloud & Calendar HiLites	**3** 10 RA Nutrition & Hydration 11 Free Time 12 Lunch served 2 RA Snacks 3 Individual Fun Simchat Torah Begins
10 RA Nutrition **4** & Hydration 10:30 Church Zoom 11 Free Time 2 RA Snacks 3:30 Pastor Peter devotion & prayer	10 RA Snacks **5** 11 Janell and Puppy Polly visits 12 Lunch Time 2 RA Snacks 3 Individual Activities	Jan's birthday **6** 9 Morning Social 10 MC Art & Music 11 Enchanted Frog Salon appts. 2 1-1 Exercise 4 Singalong Uke	9 Morning social **7** 10 News aloud 11 Hummingbirds 1 Farmers Market and Beach Picnic 4 Crafty Zone- Wand Making!	10 Singalong Uke **8** in Memory Care 11 Fish Tank 2 1-1 Exercise 3 Food Forest 3:30 Movie time! 7 Church Zoom	9 Morning Social **9** 10 Room Visits 11 Tai Chi Class 2 Games a Plenty 3 Thrift Store 4 Paper Mache' Pumpkins!	9 Morning Chat **10** 10 Ocean Air Farm Shopping 1 Update items at CC Art Gallery 2 Make Crafts for AMH Craft Fair
10 RA Snacks **11** 10:30 Church Zoom 11 Free Time 1 Wild Rivers Mushroom Club 2 RA Snacks 3:30 Pastor Peter	**12** 10 RA Snacks 11 Janell and Puppy Polly visits 2 RA Snacks 3 Individual Fun Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	9 Morning Chat **13** 10 Memory Care Art and Music 11 Enchanted Frog Salon appts. 2 1-1 Exercise 4 Singalong Uke	9 Morning chat **14** 10 News aloud 11 Rose bushes 2 Room Visits 3 Sound Bath 4 Crafty Zone- Pine Birdfeeders!	10 Singalong Uke **15** in Memory Care 11 Blackberry trim 2 1-1 Exercise 3 Food Forest 4 Open Mic Brookings 7 Church Zoom	Scott's birthday **16** 9 Morning Social 10 Room Visits 11 Dancercise 2 Mmgt. response Resident Council 3 Watercolors	9 Morning Chat **17** 11 Redwood Family Worship Concert 1 Fun with Clay 2 Make Crafts for AMH Craft Fair
10 RA Snacks **18** 10:30 Church Zoom 11 Free Time 2 Del Norte (CC) Mushroom Club 3:30 Pastor Peter devotion & prayer	Malynn's b'day **19** 10 RA Snacks 11 Janell and Puppy Polly visits 12 Lunch Time 2 RA Snacks 3 Individual Fun	9 Morning Chat **20** 10 Memory Care Art and Music 11 Enchanted Frog Salon appts. 2 1-1 Exercise 4 Singalong Uke	9 Morning Chat **21** 10 News aloud 11 Hummingbirds 1 Farmers Market and Beach Picnic 4 Crafty Zone- Walking Sticks!	Michael's b'day **22** 10 MC SingalongUke 11 Fish Tank 2 1-1 Exercise 3 Food Forest 4 Pumpkin treats 7 Church Zoom	9 Morning Chat **23** 10 Room Visits 11 Tai Chi Class 1 Staff Meeting 2 Games a Plenty 3 Dress & Makeup 6 Costume Dance	9 Morning Chat **24** 10 Ocean Air Farm Shopping 1-3 Music Fest at CC Art Gallery 4 Make Crafts for AMH Craft Fair
10 RA Nutrition **25** & Hydration 10:30 Church Zoom 11 Free Time 2 RA Snacks 3:30 Pastor Peter devotion & prayer	**26** 10 RA Snacks 11 Janell and Puppy Polly visits 2 RA Snacks 3 Individual Activities	9 Morning Chat **27** 10 Memory Care Art and Music 11 Enchanted Frog Salon appts. 2 1-1 Exercise 4 Singalong Uke	9 Morning chat **28** 10 News aloud 11 Rose bushes 2 Room Visits 3 Sound Bath 4 Crafty Zone- calendar decor	Aliana's B'day **29** 10 MC SingalongUke 11 Blackberry trim 2 1-1 Exercise 3 Food Forest 4 TaleSpinners 7 Church Zoom	9 Newsletter **30** 10 Room Visits 12:30 Gabriel for birthday party 3 Trunk or Treat tour Brookings to Crescent City	9 Morning Chat **31** 11 Monster Bingo 1 Halloween face paint & costumes 1 AMH Craft Fair 3 AM Community Halloween Party Halloween

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